

LIFE TIMES

A Publication of the Monroe County Department of Human Services
Office for the Aging and Adult Services

Maggie Brooks County Executive Patricia Stevens, Commissioner Department of Human Services Corinda Crossdale, Director DHS/OFA and Adult Services

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CELEBRATING OLDER AMERICANS MONTH

During the last century, the average American lifespan almost doubled. Older Americans are living longer, staying healthier, and remaining more active and engaged in their communities than ever before. This is cause for celebration!

In May, we celebrate Older Americans Month. The theme, "Celebrate Long-Term Living" was selected by the United States Administration on Aging to honor older Americans as a national treasure, and to highlight the need for mid-life and older persons to be prepared to live longer than previous generations.

Studies have shown that, given the choice, older adults will remain in their homes and communities for as long as possible. The Office for the Aging is proud to offer services that help them do just that, and we look forward to designing and implementing new and innovative programs that promote senior independence and improve their quality of life.



The New York State Office for the Aging held its annual celebration of Senior Citizens' Month at a luncheon reception on Tuesday, May 10th. Traditionally, a portion of the ceremony is devoted to acknowledging a specific category of older individuals and programs that make a positive difference in the lives of older people and their families.

Nick Trotto, Assistant Director, OFA and Adult Services, attended the luncheon with Monroe County's 2005 Guest of Honor: Betty Perkins-Carpenter, Ph.D. Dr. Perkins-Carpenter was chosen to be recognized for her work in exemplifying the many, diverse ways in which seniors are remaining active, vital and contributing members of their families and communities during their retirement years.

Dr. Perkins-Carpenter is President of Senior Fitness Productions. She earned international acclaim as an Olympic diving coach, and as the founder of Fit by Five, an alternative to traditional nursery school. In 1985, she was appointed as a Consultant to the President's Council on Physical Fitness and Sports. She is the author of two books, and a nationally recognized leader in the field of fitness. Congratulation to Dr. Perkins-Carpenter!

OFA AND ADULT SERVICES STAFF Corinda Crossdale, Director Nick Trotto, Assistant Director

Aging

Mary Apps, Dietary Consultant

Linda Koldan, Sr. Recreation Instructor PT

John Armbruster, Health Advocacy Specialist PT

Ellie Lersch, In-Home Services Coordinator

John Armbruster, Health Advocacy Specialist PT
Sandy Burgett, Dietary Consultant
Carl Buscemi, WRAP Coordinator

Ellie Lersch, In-Home Services Coordinator
Rose Levin, Assistant Nutritionist PT
Marilyn Michel, Secretary to the Director

Elyse Glover, Senior Aging Services Planner Priscilla Minster, OASIS Director

Colleen Hoskins, Clerk II with Typing Steve Newcomb, Contract Compliance Monitor

Sandy Kasprzyk, Consultant Pat Sullivan, Dietary Consultant

APS - EAST

Bev Tein, Casework Supervisor Marge DeMonaco, Senior Caseworker

Caseworkers:

Velverly Caldwell Greg Creswell Rana Freedman

Jane Marciano Esther Mendez

Pat Smith, Clerk (East and West Team)

APS - WEST

Cynthia Eygabroad, Casework Supervisor Maia Shaw, Senior Caseworker

Caseworkers:

Lynn Condello Kathy Dewey Jeanne LaBarbera Kimberly Madonia Roberta McGill Charlotte Richards

We are please to welcome the new members of the APS West Team!

Chronic Care/Community Medicaid Over 65 Team 44

Jeannine Georger, Supervising Examiner Michael Morimando, Senior Examiner

Luanne DeCaire, Senior Examiner

Examiners:

Laszlo ThiebenRandy ScottMaurine HibbardJanet JacksonSandy HouselEd ThomasDarlene RichardsonColleen TerryBill Mills

Patty Meek, Clerk III

Chronic Care/Community Medicaid Over 65 Team 45

Arlene Colbert, Supervising Examiner Debbie Georgianna, Senior Examiner

Lorie Woloson, Senior Examiner

Examiners:

Stephanie Henderson Maggie Ho Pat Canty

Valeria ThomasPat HumphreyArdeth JohengenElaine SchmidtSandy LewisInge Mallory

Diana Bell, Clerk III with Typing

Home Care Services Unit

Iris Turner, CHN, Supervisor Carolyn Bansbach, RN Betty Oberst, RN, Mary Ellen Schauseil, Caseworker Donette Scott, Caseworker Gail Smith, RN

Adrienne Marasco, Clerk II

A Message from the Director

Welcome to the first edition of Life Times, the quarterly newsletter of the DHS Office for the Aging and Adult Services. I would like to take this opportunity to thank all staff members for their dedication and hard work in serving our customers. I would also like to thank the members of the Council for Elders, the Office for the Aging's advisory board, for their commitment to assisting us in realizing OFA's mission: To provide the highest quality of services to Monroe County senior citizens and their caregivers, and enable seniors to remain safely in their homes and independent for as long as possible.

Corinda Crossdale, Director